

Norway 2023 Details			Compilation Map: Norway 2023 - Google My Maps
Day	Date		
16-Aug	Wed.	15:50 SEA > FI680 > 06:15 KEF 07:50 > FI318 > Thu 17 AUG 12:35 OSL (03:25 Seattle)	https://booking.icelandair.com/
17-Aug	Thu.	Train from OSL to Oslo / every 10 minutes & 20 minute trip - Track 4 [Flytoget App] [purchased in advance]	https://flytoget.no/en/
17-Aug	Thu.	Radisson Blu Plaza Hotel (2 nights)	https://www.radissonhotels.com/en-us/hotels/radis
		walk thru Grünerløkka to Tim Wendelboe for coffee (fantastic Cappuccino Al Freddo - would do again)	https://timwendelboe.no/
		Tram & T-bane Metro from Olaf Ryes plass to Holmenkollen station [Ruter App]	https://ruter.no/
		walk (2.8 mi / 820') to Kollentrollet (Troll Sculpture) > Holmenkollen (ski jump) > Frognerseteren (forgot to cross the street to see the top of the training hills, but really should have)	https://www.alltrails.com/explore/map/map-1becf2
		Frognerseteren (Cafe Seterstua) for carry-out dinner on the patio (perfect way to end a jet-lag day)	https://www.frognerseteren.no/index_e.aspx
		T-bane Metro T1 (track 1) from Frognerseteren to Jernbanetorget (Oslo S)	https://ruter.no/
18-Aug	Fri.	walk on the Oslo Opera House (nice start to the morning)	
		coffee & pastry at Stockfleths (07:00) (fantastic)	https://stockfleths.as/kaffebare/prinsens-gate/
		OsloPass (24 hr: 495 NOK) (Oslo Pass App / Purchase in advance and activate when ready)	https://www.visitoslo.com/en/activities-and-attracti
		Bus 30 from Jernbanetorget @ 9:23 / :33 / :43 toward Bygdøy and get off at Folkemuseet	https://ruter.no/
		Norsk Folkemuseum [10:00 - 17:00] (very impressive)	https://norskfolkemuseum.no/en
		Ferry B9 from Dronningen :05/:25/:45 or Bygdøyenes :10/:30/:50 to Rådhusbrygge 3 (10 minutes)	https://nyc.no/ferry-to-the-museums/
		tour Akershus Festning (fortress) [06:00 - 21:00] (nice view of city)	https://www.visitnorway.com/listings/akershus-fort
		Lunch @ Den Glade Gris (OK - would try The Salmon next time https://www.thesalmon.com/)	https://www.dengladegris.no/en/home
		The New National Museum [10:00 - 21:00] (walked through quickly - skip)	https://www.nasjonalmuseet.no/en/visit/locations/
		National Museum Architecture [10:00 - 15:00] - under renovation / no exhibits	https://www.nasjonalmuseet.no/en/visit/locations/
		walk Akerselva River towards Nydalen (fantastic)	https://thehiddennorth.com/industrial-heritage-alor
		bus & tram to Tullinløkka	https://ruter.no/
		Dinner @ Elias mat & sånt (fantastic)	https://www.cafeelias.no/en/
19-Aug	Sat.	Espresso House and Upper Crust for breakfast & lunch to go (Centrum train station)	
		Train F4 depart Oslo S on Track 2 @ 08:25 - arrive Bergen 15:00 [purchased well in advance]	https://www.vy.no/en/see-travel-suggestions?from:
		07000 Taxi or Norgestaxi (stand on north side of station)	
19-Aug	Sat.	Radisson Blu Royal Hotel, Bergen (2 nights)	https://www.radissonhotels.com/en-us/hotels/radis
		Mount Fløyen: Fløibanen > Skansemyren station [Fløibanen App] (every 15 minutes) return from top	https://www.floyen.no/en/floibanen/
		hike to Fløibanen upper station via "A Chair in Nature" and Tubakuba (1.4 mi / 2.3 km / 633 ft)	https://www.alltrails.com/explore/map/floyen-3d8a
		Dinner @ Bryggeloftet (18:30)	https://www.bryggeloftet.no/frontpage
20-Aug	Sun.	walk the Bergenhus Fortress complex / Sverresborg festning	
		Rosenkrantzårnet - Bymuseet i Bergen [10:00 - 16:00] (just walked around the outside)	https://bymuseet.no/museum/the-rosekrantz-towe
		11:00 A Walk Through Bergen Past & Present > Josina was a great guide!	https://www.ilovebergen.net/
		(13:00 - 20:00 3,463 passengers)	https://cruisedig.com/ports/bergen-norway/
		Theta Museum (read the web site then skip the museum)	https://www.krigsmuseene.no/thetamuseet/
		Lunch @ Pingvenen	https://www.pingvinen.no/menu/
		Daily Pot (looked great, but long line and had to cancel reservation due to tour time change)	https://www.dailypot.no/
		15:45 Historic Nordnes <Østre Murallmenningen 23> Josina was a great guide!	https://www.ilovebergen.net/
		Reindeer meat sausage dog at Tre Kronereren (recommended by a local and quite good)	https://www.google.com/maps/place/Trekronereren/
		Great ice cream at Hallaisen Ice Cream Parlour & Cocktail Bar (Earl Grey / Brunost)	https://www.hallaisen.com/menu
21-Aug	Mon.	Rental Car pickup (Avis - Solheimsgaten 15, Bergen, Norway-(BG5))	https://www.avis.com/en/home

		Autopass for Toll Roads and most Ferries included with rental car for billing after car return (09:00 3,463 passenger + 10:00 4,610 passengers)	https://www.autopass.no/en/visitors-payment https://cruisedig.com/ports/bergen-norway/
		drive E39 > E16 > Fv7 > Hardangerfjordvegen > Nedre Vik to Spildegarden Spildegarden for lunch (nice, but should have gone straight to Buer for more hiking)	https://www.spildegarden.no/english
		576 > ferry 1006 Tørvikbygd :20 / :50 (20 minutes) > Fv49 (+tunnel) > 551 > Odda > 13 > Jordalsvegen hike along Nedre (lower) Buarbreen into Folgefonna National Park - beautiful - weather alternated from sun to wind to rain every ~ 10 minutes (this hike is more difficult and slower going than the numbers would indicate, but very much worth doing, and wish we had another hour)	https://www.fjord1.no/eng/Routes-and-timetables/ https://www.alltrails.com/trail/norway/vestland/ne
		Buer restaurant (3-course dinner daily from 17.30-19.00 - NOK 895 and worth every kronar) (a day in Odda would have been nice)	https://buer.no/en/restaurant/ https://kraftmuseet.no/en
		drive (0+52 / 39 km) 13	https://goo.gl/maps/Wq4dto48pyt3Sx7
21-Aug	Mon.	Hotel Ullensvang	https://www.hotelullensvang.no/en/
22-Aug	Tue.	Hike Nosi og Munketrepene (6.4 miles & 2,719') [from Hotel Ullensvang] - beautiful!!! (should have parked at the upper lot and saved your legs to hike further into national park)	https://www.alltrails.com/trail/norway/vestland/no
		drive (0+58 / 59 km) 13 > Hardangervengen	https://goo.gl/maps/PNRqDdWkDceTy8N46
22-Aug	Tue.	Scandic Voss hotel Vossevangen (park in adjoining garage w/ EASYPARK App)	https://www.scandichotels.com/
23-Aug	Wed.	drive (0+45 / 48 km) E16 to Gudvangen Stop for coffee and view at Stalheim Panoramic Terrace / Hotel Restaurant) (beautiful, and empty for us, but 3 busses arrived as we left)	https://goo.gl/maps/a7zsa3c2dcUbWrTW8 https://en.stalheim.com/
		car ferry cruise [arrive NLT 11:30] 12:00 Gudvangen – Kaupanger 14:30 (2+30) - very scenic (need to stay outside to really see, so dress accordingly)	https://www.fjordtours.com/things-to-do-in-norway
		drive (1+09 / 74 km) Kaupanger > 5 > Skei	https://goo.gl/maps/rtqPuo4b4ADikaiX6
23-Aug	Wed.	Thon Partner Hotel Jolster (in Skei)	https://www.thonhotels.com/our-hotels/norway/jol
24-Aug	Thu.	drive (1+19 / 82 km) E39 to Byrkjelo > FV60 to Utvik Pass & on to Loen Loen Via Ferrata - https://www.alltrails.com/explore/map/map-ad68473-4 Loen Skylift ticket - Ein veg NED (one way down) bought at top (Olden (Loen / Stryn) - 6,300 passengers 08:00 - 16:00)	https://www.alltrails.com/explore/map/map-ad68473-4 https://www.loenskylift.com/viaferrataloen https://loenskylift.axess.shop/Shop/Index/en/61601 https://cruisedig.com/ports/olden-norway/
		FV60 > Stryn	
24-Aug	Thu.	Stryn House Hotel & Apartments (5 nights) - Deluxe Junior Suite (24 - 29 AUG)	https://www.strynhouse.com/hotel
25-Aug	Fri.	Hike Gryta (very nice hike on a marginal weather day - only saw one other couple) (there are two routes up the west face - take the other one. All-trails has updated to match UT.no)	https://www.alltrails.com/explore/recording/aftern
		Really wanted to hike Urkeega (6.2 mile loop & 3,050' – ridge walk) , which looks amazing, but prolonged poor weather moved in	https://www.alltrails.com/explore/trail/norway/mor
26-Aug	Sat.	Scenic drive on Fv698 / 613 above Innvikfjorden Rest day stroll/hike up Stølselva return via Nordfjordeid (Minibakeriet was fantastic) (Olden (Loen / Stryn) - 3,617 passengers 08:00 – 17:00) / (Nordfjordeid - no cruise ships)	https://www.alltrails.com/explore/map/map-34adel https://www.nordfjord.no/en/minibakeriet-bakery https://cruisedig.com/ports/olden-norway/
27-Aug	Sun.	loop through Hellesylt > car ferry through Geiranger Fjord to Geiranger > return through Djupevatn (beautiful and would be more amazing in good weather) If good weather, hike instead of fjord ferry - one is enough): Blåhornet or Breiddalseggi look nice (Olden (Loen / Stryn) / Nordfjordeid / Geiranger & Hellesylt - no cruise ships)	https://www.fjordtours.com/things-to-do-in-norway https://www.alltrails.com/explore/trail/norway/opp https://cruisedig.com/ports/olden-norway/
28-Aug	Mon.	Drive to Måløy and Kråkenes Lighthouse in un-successful search for better weather (would have preferred to hike)	

		hike Urkeega (6.2 mile loop & 3,050' – ridge walk) looks amazing	https://www.alltrails.com/explore/trail/norway/mor
		hike Brigsdalen til Oldeskaret (4.6 miles & 3,320' / old road) looks nice and not crowded	https://www.alltrails.com/explore/trail/norway/sog
		hike Kattanakken Briksdalen (3.2 miles & 4,045') ridge w/ amazing views, but don't go in the rain	https://www.alltrails.com/explore/trail/norway/ves
		hike Kåpevatnet (6.4 miles & 2,588' / lightly traveled)	https://www.alltrails.com/explore/trail/norway/ves
		hike Bødalsbreen (4.3 miles & 1,056' / very popular)	https://www.alltrails.com/explore/trail/norway/ves
29-Aug	Tue.	drive (2+25 / 123 km) 15 > E39 > 1069 Solavågen-Festøya ferry (11:00/11:20/11:40/etc.)> E39 to Ålesund (Ålesund 2,800 passengers 09:00 - 18:00 + 3,200 passengers - tbd)	https://goo.gl/maps/KEvVN4SeBCg6AoMd7 https://cruisedig.com/ports/alesund-norway/
		Sunnmøre museum (except for the boats, Norsk Folkmuseum Oslo was better)	https://www.vitimusea.no/en/musea/sunnmoere-m
		hike Aksla and around Ålesund	https://www.alltrails.com/explore/trail/norway/mor
		dinner @ Anno [18:30]	https://www.anno.no/en/
29-Aug	Tue.	Scandic Parken hotel (park in adjoining garage w/ EASYPARK App)	https://www.scandichotels.no/hotell/norge/alesund
30-Aug	Wed.	10:15 AES > SK2893 > CPH 11:45 - SAS PLUS SMART	https://www.flysas.com/us-en/
		14:05 CPH > FI205 > 15:25 KEF 16:50 > FI1681 > SEA 17:40	https://booking.icelandair.com/

ay 2023 Highlights <https://photos.app.goo.gl/axayEbVZ6ckz5vFB8>

vay 2023 Medium <https://photos.app.goo.gl/mbid2bQxzroy8QX7A>

Norway 2023 Full <https://photos.app.goo.gl/jxBtkqVd2vG8nGhb9>